

### 3-4 Grade Supplement to Values and Messages

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Please Note	The Children's Book of Virtues	The Children's Book of Heroes	Disney Family Story Collection	Chicken Soup for the Kid's Soul
1. Stories are found on the following pages of the listed books that support the character and choice messages we want to send to children. 2. Assets and attributes are defined following this grid.	Edited by William J. Bennett; Illustrated by Michael Hague; Published by Simon & Schuster	Edited by William J. Bennett; Illustrated by Michael Hague; Published by Simon & Schuster	Adapted by Sheryl Kahn, Ann Braybrooks and Vanessa Elder; published by Disney Press	Written and compiled by Jack Canfield, Mark Victor Hansen, Patty Hansen & Irene Dunlap; Published by Health Communications, Inc.

**1. COMPASSION generates consideration, sensitivity, tolerance, and sharing with others for the other's benefit.**

*generosity, caring, understanding, happiness, sensitivity, kindness, peace, tolerance*

<i>Be kind - most people are trying</i>	65, 66	56, 62, 91, 22	18, 73, 296	10, 22, 222, 293
<i>Look at things as they can be</i>	53	20, 56, 62, 86	21, 52, 194	7, 39, 150, 202, 320
<i>Your reaction is the real you - be considerate</i>		22, 91	28, 124, 300	26, 116, 156
<i>Giving is rewarding</i>	38, 77	28, 91, 56	43, 48, 209	14, 26, 121, 268
<i>Sharing is twice blessed</i>	53, 71	56	34, 93, 300	18, 42, 162, 250
<i>A smile is a powerful message</i>	44, 71	29	65, 81, 97	10, 29, 118, 131

**2. COURAGE creates boldness to be outgoing and friendly with others and creates daring to take action that positively influences others.**

*advantage, wisdom, confidence, influence, integrity and opportunity. tolerance, trust, leadership, caring, success*

<i>Require yourself to act and make a difference</i>	12, 106	16, 78, 29	21, 52, 149	7, 139, 235, 296
<i>Action will conquer fear</i>	9, 40	10, 36, 86	43, 105, 157	10, 39, 88, 251, 304, 324
<i>Use positive acts to break bad habits</i>	11, 42, 77	36, 86	9, 101, 169, 173	2, 63, 222, 236
<i>Actions create confidence</i>	38, 53	20, 22, 62, 78, 91, 97	52, 90, 113	22, 42, 206
<i>Say it, mean it, do it and influence others</i>	11, 88	29, 38, 62, 78, 44	58, 81, 213, 283	18, 46, 142, 273, 212
<i>Be friends with those who need you</i>	84, 106	22, 68, 97, 105, 44	31, 73, 161, 185	7, 29, 58, 131, 236, 277

**3. DISCIPLINE** is good sense and practice of controlling one's life and development within self, institutions, and society. It involves using limits and moderation to avoid the dangers of the extremes.

*Opportunity, Integrity, reliance, moderation, choice and advantage, commitment, security, safety, wisdom, success*

<i>Moderation balances safety and danger</i>		11, 16, 68, 97	31, 69, 177, 209	7, 206, 282, 315
<i>Target and focus for success</i>	32	20, 68	165, 249	71, 128, 154, 353
<i>Be predictable - Let others help you succeed</i>	19	29	73, 231	121, 146, 282
<i>Plan your work, work your plan</i>	40, 42	36	165, 249, 283	18, 142, 228
<i>Successful people have discipline</i>	31, 52, 77	68, 86	142, 173, 288	71, 200, 240
<i>Discipline is energy well directed</i>	38, 44	29, 97	25, 48, 121, 181	29, 49, 259, 300

**4. FAITH** is an unbridled commitment to a powerful belief from evidence of things seen and not seen.

*growth, confidence, understanding and vision trust, peace, cooperation, influence, freedom*

<i>Imagine we can do the impossible</i>	68	16, 68, 86, 91		
<i>I can do what I dream</i>	20, 77	86		
<i>Believe that good work will create a harvest</i>	53	16, 22, 38, 62		
<i>Dream, believe, achieve - that is America</i>	88	29, 44		
<i>My faith gives me confidence</i>	38, 76	16, 38, 56		
<i>My beliefs are steps to growth</i>	20	36, 38		

**5. FORGIVENESS** results after justice is served, understanding the futility of carrying a grudge, resulting in kindness beyond what justice requires.

*happiness, understanding, caring, generosity, kindness, peace, leadership, sensitivity*

<i>I understand and forgive</i>	38, 44	29		
<i>You start the act of forgiveness</i>				
<i>Improve the world first in your heart</i>	84	29		
<i>Leaders are sensitive to mistakes</i>				
<i>Be kinder than necessary</i>	53, 65	62		

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**6. FRIENDSHIP is helpfulness, gentleness, kindness, serenity and cheerfulness to and with others. Understanding and accommodation rather than confrontation and conflict.** *understanding, generosity, happiness, confidence, caring, trust, kindness, cooperation, peace, support*

<i>Fear makes strangers of people who should be friends</i>	38, 106	105	65, 97	39, 59, 273
<i>A friend is a gift you give yourself</i>	44	86	43, 73, 249	42,46, 57
<i>Real friends help us be the best</i>	66, 71, 77, 87	78	34, 128, 240	22, 34, 39, 250
<i>To have a friend, be one</i>	53, 65, 87	22, 62, 105	43, 121, 136	14, 22, 42, 63
<i>Light the path for your friends and brighten your own</i>	20, 76	86	21, 48, 101, 105, 173	2, 34, 150, 259, 320
<i>Your friends make your world, wherever you are</i>	106	91	69, 81, 109, 300	29, 33, 66

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**7. HONESTY is truthfulness and dependability with self, individuals, institutions and society.** *integrity, confidence, happiness, wisdom, trust, reliance, success, leadership, fairness*

<i>Integrity is the result of honesty</i>	84, 101		109, 173	18, 63, 142, 313
<i>When you lie you hurt people</i>	88, 100	44	58, 234	46, 108, 305
<i>I am trusted when I am honest</i>	38, 70, 100	46	39, 216	39, 150, 296
<i>Leadership requires honesty</i>	70, 101		43, 249	54, 268, 315, 343
<i>Honesty can be the difficult choice</i>	68, 101	46	87, 257	29, 285, 331
<i>Reputation is measured by honesty</i>	84, 101		73, 275	42, 66, 273, 285

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**8. JUSTICE is the natural consequence of laws defining right, wrong and the expectation of fairness.** *integrity, understanding, happiness, obedience, choice and freedom, safety, security, trust, fairness, moderation, leadership, peace and success*

<i>I want to do right</i>		22		
<i>Justice makes me feel safe</i>				
			MSN Search: The Declaration of Independence, select Declaration of Independence	
<i>I expect to be judged</i>	42		22, 29	

fairly

*I will control my temper* 38, 44 29

*Freedom is mine under  
the law*

MSN Search: The Bill of Rights, select MSN Encarta-Bill of Rights

*It is never wrong to do  
right* 44, 53, 77 56, 62

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**9. LOVE is personal caring that goes beyond friendship, loyalty and respect**

*commitment, kindness, happiness, understanding,  
peace, generosity, integrity, cooperation, service*

*Love includes my  
cooperation* 38 97

*With love I care* 66

*My love includes  
understanding* 77 62, 91

*Love makes me tell the  
truth* 88

*Show love by not taking* 21, 65 11, 56, 78, 91

*Love requires my  
commitment* 53 20, 62

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**10. LOYALTY is allegiance to family, church, school, employers, organization, government and nation.**

*reliability, honor, dedication, obedience, support,  
service, security, opportunity, obligation, freedom,  
trust*

*We can not force loyalty* 165, 249

*Loyalty is the result of  
commitment* 12 16 48, 209

*Serve first - before you  
serve yourself* 55 29, 68 73, 203

*Fulfill your obligations* 98 20, 68 60, 142

*Let ideas clash - not  
your loyalty* 76 68 43, 101

*Master yourself to be  
loyal* 38 16, 68 69, 161

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**11. PERSISTENCE is steady and continuously holding fast to an expected result, purpose or plan of action.**

*wisdom, confidence, growth, advantage, opportunity  
and pride, vision, leadership, caring, dedication*

*It is not worth much if it  
is easy* 19, 42, 76 29, 62, 91 124, 249, 275 202, 240

*Succeed by trying and  
not quitting* 9, 10 20, 86 149, 165 10, 228, 236,  
251

*If you don't succeed try  
again* 20, 38, 44, 84 97 142, 181 42, 146, 219,  
277

<i>Effort is rewarded after you refuse to quit</i>	12, 71	16, 50	9, 31, 43, 288	54, 212, 217, 300
<i>Traffic is light on the extra mile</i>	9, 88	22, 50, 86, 97	39, 87, 117	39, 200, 212
<i>Always work toward something--always</i>	42, 52	29, 36, 86	60, 157	18, 66, 142, 288

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**12. RESPECT is courtesy and politeness to other people, life, property, nature and beliefs.**

*politeness, sensitivity, modesty, happiness, growth, safety, fairness, security, cooperation, caring, obedience, tolerance*

<i>Listen, be fair and be respected</i>	38, 84	11, 20, 86, 97	14, 117, 209, 272, 283	14, 34, 71, 98, 288
<i>Cooperation is shared respect and understanding</i>	40, 65		60, 249	49, 154, 282
<i>You will be respected for doing your best</i>	38, 53		203	22, 212, 324
<i>Growth is always respected</i>	53	28, 29	142, 165	39, 142, 228
<i>Respect also makes way for others</i>	33, 66		60, 101, 261	29, 128, 240
<i>Courtesy and smile will open all doors</i>	32, 72	68, 86, 91	228, 261, 288	42, 121, 268

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**13. RESPONSIBILITY is individual relying on self for action and inaction, realizing only the self can develop gifts, talents and uniqueness.**

*commitment, growth, confidence, opportunity, obligation, freedom, cooperation, service, leadership and success*

<i>Life is what we ourselves make of it</i>	52, 76	20, 91	9, 92, 203	34, 85, 222, 317
<i>The workman is responsible for the work</i>	38, 84	29	56, 157, 288	14, 159, 256
<i>Start to the top - stop the excuses</i>	52, 77, 84	86	48, 161, 203	54, 56, 239, 324
<i>Measure yourself with responsibility</i>	31, 42, 44	68, 105	31, 60	42, 71, 154, 288
<i>Responsibility is the weight of freedom</i>	12, 32, 86	16, 38, 68, 97	43, 101, 249	26, 102, 228, 277
<i>Desire a result - grow into success</i>	20, 53, 71	10, 29, 78, 86	39, 81, 165	18, 66, 212, 240

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**14. WORK generates the product and service which adds value to oneself, others, society and community. WORK establishes natural consequences and the law of the harvest.**

*choice, growth, advantage, opportunity, influence*

<i>Respect yourself-- do</i>	42, 52	29	60, 93, 249	154, 162, 240,
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<i>good work</i>				320
<i>Good work creates the next possibility</i>	77		21, 173	18, 212, 236
<i>I am respected because I work</i>	88	20, 86	60, 142, 203	146, 225, 273
<i>Work harder, get luckier</i>	20, 76	29	34, 81, 190	34, 142, 222, 280
<i>Work gives me the opportunity</i>	38, 42	86	81, 169	26, 251, 256
<i>Success is the result of work</i>	52, 77	16, 86, 91	18, 165, 234	42, 228