

USA VALUES, LLC

1250 Words

of Emotional Intelligence & Civility

Positive Expectations

12-31-99 Thomas Wolfgram

<http://www.usa-positive-expectations.com/Positive-Expectation.html>

These pre- kindergarten and elementary messages have been comprehensively simplified for children and reviewed for completeness against the quotations in *The Best of Success* by Wynn Davis and other materials. The messages help children understand the assets and attributes that are needed to turn life's experiences into success.

These messages, combined with fun sticker puzzles, photographs, activities, public domain stories from bookstores and libraries, and other materials, allow a mentor or teacher to get the point across consistently.

This repeated impact creates time in the classroom as the children demonstrate emotional intelligence. The author of *Emotional Intelligence* Daniel Goleman, provides the following specific instructions to improve achievement, "Begin early, be age appropriate, run throughout the school years, intertwine efforts at school, at home, and in the community." USA VALUES adds have fun and be easy for the teacher to execute to this short list of important elements. Materials were assembled over a 7-year period of time under the direction of Tom Wolfgram, who looked for a fun and repeatable method to present significant information to children that expands the teacher's ability to talk about positive expectations.

Messages

-Honesty-

Also See Booklists



Pre K.....

Say please.....
Be thinking....
Be playful.....
Be right....
Be fair.....
Be happy.....

....Grades K, 1 and 2 Messages

.....I am proud to be honest
.....It is smart to be honest
.....Believe me.. I am honest
.....It is good to be honest
.....I will choose to be honest
.....Honesty makes me feel happy

Grades 3 through 6 Messages

*I am trusted when I am honest
Reputation is measured by honesty
Leadership requires honesty
When you lie you hurt people
Honesty can be the difficult choice
Integrity is the result of honesty*

-Friendship-

Also See Booklists



Pre K.....

Be playing.....
Say I'm sorry....
Be sharing.....
Be listening....
Be helping.....
Be smiling.....

....Grades K, 1 and 2 Messages

.....My friends will believe me
.....I understand my friends
.....Friends give to each other
.....Friends need me to care
.....I will always need friends
.....Friendship is happiness

Grades 3 through 6 Messages

*A friend is a gift you give yourself
Fear makes strangers of people who should be friends
To have a friend, be one
Light the path for your friends and brighten your own
Real friends help us be the best
Your friends make your world, wherever you are*

-Respect-



Also See Booklists

Pre K.....

Say excuse me.....
Be helping....
Say thank you.....
Be working....
Be polite.....
Be listening.....

....Grades K, 1 and 2 Messages

.....I enjoy listening
.....My respect is necessary
.....I am happy when respected
.....I must work for respect
.....Good manners are expected
.....I can work together

Grades 3 through 6 Messages

*Courtesy and a smile will open all doors
Cooperation is shared respect and understanding
You will be respected for doing your best
Respect also makes way for others
Growth is always respected
Listen, be fair and be respected*

-Work -



Also See Booklists

Pre K.....

Help yourself.....
Be smart....
Be growing.....
Be excited....
Take turns.....
Be humble.....

....Grades K, 1 and 2 Messages

.....Do something
.....It is smart to work for my choices
.....I will grow when I work
.....Expect good from good work
.....Work to see the next step
.....Happiness is working

Grades 3 through 6 Messages

*I am respected because I work
Success is the result of work
Respect yourself--do good work
Work gives me the opportunity
Work harder, get luckier
Good work creates the next possibility*

-Courage-



Also See Booklists

Grades K, 1 and 2 Messages

*Courage is doing what you fear
Actions create self esteem
Actions create the next step
We believe in active people
Be sure of your ideas
Dare to be friendly*

Grades 3 through 6 Messages

*Require yourself to act and make a difference
Action will conquer fear
Actions create confidence
Be friends with those who need you
Use positive acts to break bad habits
Say it, mean it, do it and influence others*

-Persistence-



Also See Booklists

Grades K, 1 and 2 Messages

*Big is created little by little
Results require time and effort
Mistakes will happen--- don't quit
I am trying and proud of it
Stick to it
Keep trying to grow*

Grades 3 through 6 Messages

*Always work toward something--- always
Effort is rewarded after you refuse to quit
It is not worth much if it is easy
Traffic is light on the extra mile
Succeed by trying and not quitting
If you don't succeed, try again*

-Discipline -

Also See Booklists



Grades K, 1 and 2 Messages

*Make good choices
Rely on me--- I have discipline
You can count on me
Wants require discipline
Discipline will help me achieve
It is smart to obey the rules*

Grades 3 through 6 Messages

*Target and focus for success
Moderation balances safety and danger
Be predicable--- let others help you succeed
Discipline is energy well directed
Plan your work, work your plan
Successful people have discipline*

-Responsibility-

Also See Booklists



Grades K, 1 and 2 Messages

*I can create the result
I accept the result
I did it
It is smart to be responsible
Everyone accepts a responsible person
Grow up with goals*

Grades 3 through 6 Messages

*The workman is responsible for the work
Desire a result-- grow into success
Start to the top--- stop the excuses
Measure yourself with responsibility
Life is what we ourselves make of it
Responsibility is the weight of freedom*

-Loyalty-



Also See Booklists

Grades K, 1 and 2 Messages

*I pledge allegiance for freedom
Loyalty gives me security
I am proud to be dedicated
It is loyal to obey
Count on me
I am trusted because I am loyal*

Grades 3 through 6 Messages

*Fulfill your obligations
Serve first--- before you serve yourself
Master yourself to be loyal
We can not force loyalty
Loyalty is the result of commitment
Let ideas clash--- not your loyalty*

-Compassion-



Also See Booklists

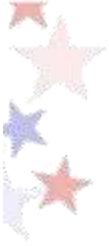
Grades K, 1 and 2 Messages

*I care about others
I help people in need
I listen to learn
Helping others makes me happy
We grow through sharing
Acceptance creates the peace*

Grades 3 through 6 Messages

*A smile is a powerful message
Giving is rewarding
Look at things as they can be
Be kind--- most people are trying
Your reaction is the real you--- be considerate
Sharing is twice blessed*

-Forgiveness-



Grades 3 through 6 Messages

*Be kinder than necessary I
understand and forgive
You start the act of forgiveness
Leaders are sensitive to mistakes
I must start the act of forgiveness I
will grow after I forgive*

-Love-



Grades 3 through 6 Messages

*Love includes my cooperation
With love I care
My love includes understanding
Love makes me tell the truth
Show love by not taking
Love requires my commitment*

-Justice-



Grades 3 through 6 Messages

*I want to do right
Justice makes me feel safe
I expect to be judged fairly
I will control my temper
Freedom is mine under the law
It is never wrong to do right*

-Faith-



Grades 3 through 6 Messages

*Dream, believe, achieve--- that is America
I can do what I dream
Believe that good work will create a harvest
My faith gives me confidence
My beliefs are steps to growth
Imagine that we can do the impossible*